

April 2010 High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Vacation No School	Vacation No School
5	6	7	8	9
Vacation No School	Waffles/Syrup or Cereal Sausage Links Fruit or Juice – Milk Fish Sandwich Baked Beans – Potato Wedges Fruit or Dessert Milk	Ham/Egg/Cheese Bar or Cereal Toast/Jelly Fruit or Juice – Milk Baked Potato BBQ Cup Fruit or Dessert - Bread/Butter Milk	Sausage/Biscuit/Gravy or Cereal – Biscuit/Jelly Fruit or Juice – Milk Ham/Bun Broccoli/Cheese – French Fries Fruit or Dessert Milk	Scrambled Eggs w/Ham or Cereal – Toast/Jelly Juice – Milk Goulash Green Beans Fruit or Dessert – Bread Stick Milk
12	13	14	15	16
Breakfast Pizza or Cereal Scooby Doo Grahams Fruit or Juice – Milk Salisbury Steak Whipped Potatoes/Gravy California Blend – Fruit or Dessert Bread/Butter - Milk	Pancakes/Syrup or Cereal – Sausage Patty Fruit or Juice – Milk Shaved Turkey/Bun French Fries Glazed Carrots – Fruit or Dessert Milk	Oatmeal or Cereal English Muffin/Jelly Fruit or Juice – Milk Pork BBQ/Bun Au gratin Potatoes - Peas Fruit or Dessert Milk	Sausage/Biscuit/Gravy or Cereal – Biscuit/Jelly Fruit or Juice – Milk Turkey and Noodles Green Beans Fruit or Dessert – Bread/Butter Milk	Ham/Egg/Cheese Biscuit or Cereal – Trail Mix Fruit or Juice – Milk Bosco Sticks/Marinara Sauce Combination Salad Pears Fruit or Dessert - Milk
19	20	21	22	23
Pop Tart or Cereal Yogurt Fruit or Juice – Milk Chicken Strips Whipped Potatoes/Gravy Fruit or Dessert –Bread Milk	French Toast Sticks or Cereal – Sausage Links Fruit or Juice – Milk Hoagie/Bun Potato Rounds – Glazed Carrots Fruit or Dessert Milk	Ham/Egg/Cheese Bar or Cereal Toast/Jelly Fruit or Juice – Milk Spaghetti Green Beans Fruit or Dessert – Garlic Bread Milk	Sausage/Biscuit/Gravy or Cereal – Biscuit/Jelly Fruit or Juice – Milk Fish Shapes French Fries – Broccoli/Cheese Fruit or Dessert Milk	Scrambled Eggs/Ham or Cereal Toast/Jelly Fruit or Juice – Milk Taco/Soft Shell Lettuce/Cheese – Nacho Chips/Salsa Corn – Fruit or Dessert Milk
26	27	28	29	30
Toasted Cheese or Cereal – Toast/Jelly Fruit or Juice – Milk Chicken Fettuccine Alfredo Peas Fruit or Dessert Bread Stick - Milk	Pancake/Sausage on a Stick or Cereal – Sausage Links Fruit or Juice – Milk Hot Dog/Bun or Chili Dog/Bun French Fries – Mixed Vegetables Fruit or Dessert Milk	Breakfast Pizza or Cereal Yogurt Fruit or Juice – Milk Mr. Rib/Bun Macaroni/Cheese – Carrot Sticks/Dip Fruit or Dessert Milk	Sausage/Biscuit/Gravy or Cereal – Biscuit/Jelly Juice – Milk Oven Fried Chicken Whipped Potatoes/Gravy Green Beans – Fruit or Dessert Whole Wheat Bread/Butter - Milk	Cinnamon Bagel or Cereal Sausage Links Fruit or Juice – Milk Bosco Sticks/Marinara Sauce Combination Salad Fruit or Dessert Milk